

COMMONWEALTH GAMES FEDERATION
Commonwealth Mens Equipped Powerlifting Championships, Sun City (South Africa), 04-13.10.2024
DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat				All Bench Press				All Deadlift				Total	IPF GL	Pts
Open																					
-93kg																					
—	Taylor James	04.08.90	ENG	0,00	0,2060	1	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
-105kg																					
—	Pietersen Haroun	21.10.80	RSA	0,00	0,2060	4	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
—	Jayasinghe Uvindu	19.05.90	SRI	0,00	0,2060	3	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
—	Shaw Thomas	24.12.00	ENG	0,00	0,2060	2	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
-120kg																					
—	Jayathilaka Ransilu	15.12.80	SRI	0,00	0,2060	6	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
—	Shaw Joseph	10.08.90	ENG	0,00	0,2060	5	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
120+kg																					
—	Martynyszyn Matthew	02.11.90	ENG	0,00	0,2060	7	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
—	Butt Muhammad Nooh Da	03.02.90	PAK	0,00	0,2060	8	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—

Team (points)

—	England	—
—	Pakistan	—
—	South Africa	—
—	Sri Lanka	—

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
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Sub-Juniors

-120kg																					
1.	Kunal Kunal	12.01.0	IND	118,65	0,0971	14	235,0	240,0	245,0	1	125,0	127,5	127,5	1	205,0	215,0	222,5	1	582,5	56,54	12
120+kg																					
1.	Garg Tanish	28.06.0	IND	127,30	0,0946	17	255,0	255,0	255,0	1	175,0	185,0	195,0	1	185,0	197,5	207,5	1	657,5	62,17	12

Team (points)

—	India	—
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Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Garg Tanish	India	127.30	657,5	62,1745	1
2.	Kunal Kunal	India	118.65	582,5	56,5427	1

Juniors

-59kg																					
1.	Abdulla S Sheik	05.05.0	IND	57,70	0,1482	2	185,0	210,0	238,0	1	107,5	115,0	125,0	1	170,0	200,0	205,0	1	540,0	80,00	12
-66kg																					

1.	Vamsi Modem	10.08.0	IND	65,60	0,1345	4	270,0	280,0	290,0	1	125,0	135,0	140,0	1	230,0	242,5	247,5	1	677,5	91,14	12
-83kg																					
1.	Moorthy Jayamaruthy	04.07.0	IND	82,95	0,1155	7	302,5	302,5	310,0	1	477,5	177,5	185,0	1	265,0	275,0	295,5	1	783,0	90,45	12
-93kg																					
1.	Khajavali Syed	23.01.0	IND	92,80	0,1086	9	220,0	260,0	275,0	1	175,0	490,0	490,0	1	275,0	297,5	297,5	1	725,0	78,71	12
-105kg																					
1.	Joshi Shashank	13.05.0	IND	101,55	0,1038	10	280,0	297,5	305,0	1	175,0	185,0	190,0	1	250,0	270,0	277,5	1	772,5	80,19	12
2.	Britz Sean	31.08.0	RSA	104,35	0,1025	11	220,0	260,0	270,0	2	145,0	155,0	162,5	2	235,0	255,0	275,0	2	687,5	70,47	9
-120kg																					
1.	Sundar R S Shyaam	01.03.0	IND	118,85	0,0970	12	305,0	305,0	335,0	2	215,0	230,0	243,0	1	285,0	305,0	326,0	2	870,0	84,40	12
2.	Furman Justin	25.05.0	RSA	118,35	0,0972	13	310,0	330,0	340,0	1	475,0	175,0	X	2	290,0	305,0	326,0	1	820,0	79,68	9
120+kg																					
1.	N Balamurugan	31.05.0	IND	136,95	0,0923	15	325,0	325,0	330,0	1	175,0	180,0	185,0	1	260,0	272,5	300,0	1	782,5	72,20	12
2.	Azlan W Mohammed	14.05.0	IND	120,85	0,0964	16	260,0	290,0	305,0	2	160,0	170,0	180,0	2	240,0	265,0	280,0	2	750,0	72,29	9

Team (points)

—	India	—
—	South Africa	—

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Vamsi Modem	India	65.60	677,5	91,1420	1
2.	Moorthy Jayamaruthy	India	82.95	783,0	90,4506	1
3.	Sundar R S Shyaam	India	118.85	870,0	84,3952	1

Masters 1

-74kg																					
—	Hunter Nash	26.07.7	ENG	0,00	0,2060	4	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
-83kg																					
—	Thilakarathna Chandana	12.02.7	SRI	0,00	0,2060	10	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
—	Rodrigue Patrick	09.10.7	CAN	0,00	0,2060	9	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
120+kg																					
—	Macdonald John	17.02.8	CAN	0,00	0,2060	20	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—
—	Adnan Muhammad Abdul	07.12.8	PAK	0,00	0,2060	22	-	-	-	—	-	-	-	—	-	-	-	—	DSQ	—	—

Team (points)

—	Canada	—
—	England	—
—	Pakistan	—
—	Sri Lanka	—

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
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Masters 2

-93kg																					
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1.	Butt Jeff	26.06.7	CAN	92,25	0,1089	19	260,0	270,0	277,5	1	167,5	175,0	180,0	1	270,0	277,5	280,0	1	737,5	80,32	12
-120kg																					
1.	de Beer Hermanus	15.04.7	RSA	114,00	0,0986	20	185,0	200,0	215,0	1	155,0	165,0	170,0	1	245,0	260,0	265,0	1	650,0	64,11	12
120+kg																					
1.	Ali Haider	04.09.7	PAK	120,25	0,0966	27	90,0	100,0	110,0	1	80,0	90,0	100,0	1	90,0	100,0	440,0	1	310,0	29,94	12

Team (points)

—	Canada	—
—	Guyana	—
—	Pakistan	—
—	South Africa	—

Best Lifters of Masters 2 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Butt Jeff	Canada	92.25	737,5	80,3196	1
2.	de Beer Hermanus	South Africa	114.00	650,0	64,1141	1
3.	Ali Haider	Pakistan	120.25	310,0	29,9361	1

Masters 3

-66kg																					
1.	Hrynkow David	04.10.6	CAN	65,20	0,1351	2	137,5	145,0	150,0	1	82,5	92,5	92,5	1	180,0	490,0	490,0	1	412,5	55,74	12
-83kg																					
1.	de Nysschen Tommie	30.05.6	RSA	82,65	0,1158	9	140,0	155,0	167,5	1	150,0	162,5	162,5	1	152,5	162,5	172,5	1	502,5	58,17	12
-93kg																					
1.	Rohan Camillo Paulas	18.07.6	SRI	91,65	0,1093	21	400,0	100,0	420,0	1	70,0	85,0	85,0	1	120,0	135,0	160,0	1	330,0	36,06	12
-105kg																					
1.	Gidney Paul	28.11.6	CAN	103,35	0,1030	25	230,0	235,0	240,0	1	165,0	165,0	170,0	1	276,5	280,5	285,5	1	685,5	70,58	12
-120kg																					
1.	Pordel Abbas	01.06.6	AUS	117,10	0,0976	27	165,0	180,0	190,0	1	205,0	222,5	232,5	1	185,0	210,0	220,0	1	642,5	62,69	12

Team (points)

—	Australia	—
—	Canada	—
—	South Africa	—
—	Sri Lanka	—

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Gidney Paul	Canada	103.35	685,5	70,5784	1
2.	Pordel Abbas	Australia	117.10	642,5	62,6907	1
3.	de Nysschen Tommie	South Africa	82.65	502,5	58,1709	1

Masters 4

-83kg																					
1.	Oppenheim Dan	30.06.4	RSA	79,75	0,1183	3	140,0	155,0	165,0	1	90,0	105,0	110,0	1	150,0	150,0	X	1	425,0	50,26	12

Team (points)

— South Africa —

Best Lifters of Masters 4 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	IPF GL Points	C.Rnk
1.	Oppenheim Dan	South Africa	79.75	425,0	50,2571	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

AUS = Australia
CAN = Canada
ENG = England

IND = India
PAK = Pakistan
RSA = South Africa

SRI = Sri Lanka